

CURRICULUM VITAE

Joel M. Press, M.D.

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Citizenship: U.S.A.
Medical License: Illinois State : 003-036-072181-1
Diplomate: National Board of Medical Examiners, 1985
Board Certification: American Board of Physical Medicine
and Rehabilitation
Part I – passed, May, 1988
Part II – passed, May, 1989
Certificate Number 3122
American Board of Electrodagnostic Medicine
Certificate Number 1389

FORMAL EDUCATION:

1976-1980 B.S. with Distinction, Microbiology,
University of Michigan
Ann Arbor, MI
1980-1984 M.D.(Doctor of Medicine)
University of Illinois College of Medicine
Chicago, IL

PROFESSIONAL ACTIVITIES:

1984-1985 Internship, Northwestern Memorial Hospital
Northwestern University Medical School
Chicago, IL
1985-1988 Resident, Physical Medicine and Rehabilitation
Northwestern University Medical School
Rehabilitation Institute of Chicago
Chicago, IL
Jan-June 1987 Assistant Chief Resident, Physical Medicine and Rehabilitation
Northwestern University Medical School
Rehabilitation Institute of Chicago
Chicago, IL
July-Dec 1987 Chief Resident, Physical Medicine and Rehabilitation
Northwestern University Medical School
Rehabilitation Institute of Chicago
Chicago, IL
July 1988-Sept 1991 Clinical Associate of Physical Medicine and Rehabilitation
Northwestern University Medical School

	Chicago, IL
Dec 1989-present	Founder and Director, Sports Rehabilitation Program Rehabilitation Institute of Chicago Chicago, IL
Sept 1991-present	Assistant Professor of Clinical Physical Medicine and Rehabilitation Northwestern University Medical School Chicago, IL
Dec 1994-present	Medical Director, Center for Spine, Sports and Occupational Rehabilitation Rehabilitation Institute of Chicago Chicago, IL
1995-1997	Chief of Staff Rehabilitation Institute of Chicago Chicago, IL

PROFESSIONAL SOCIETY MEMBERSHIPS

American Academy of Physical Medicine and Rehabilitation
 American Congress of Rehabilitation Medicine
 American College of Sports Medicine- Fellow 1999
 Association of Academic Physiatrists
 Illinois Society of Physical Medicine and Rehabilitation
 Chicago Society of Physical Medicine and Rehabilitation
 Chicago Medical Society
 Illinois Medical Society
 American Medical Association
 American Board of Electrodiagnostic Medicine
 International Spinal Injection Society
 Physiatric Association for Spine, Sports, and Occupational Rehabilitation
 North American Spine Society

HONORS

- The Richard and Hinda Rosenthal Foundation Award, November 16, 1995, American Academy of Physical Medicine and Rehabilitation, Orlando, Florida.
- 17th Annual Richard F. Baer Visiting Lectureship, April 18, 1997. Ohio State University, Department of Physical Medicine and Rehabilitation.
- Howard J. Rusk Lecturer, July 26, 1997. University of Missouri-Columbia, Department of Physical Medicine and Rehabilitation.
- Justus Lehman Day Visiting Lecturer, University of Washington, Department of Physical Medicine and Rehabilitation, Seattle, Washington, June 16, 2000
- Lewis A. Leavitt, M.D. Memorial Lectureship, Baylor College of Medicine, Department of Physical Medicine and Rehabilitation, and the University of Texas-Houston Medical School Department of Physical Medicine and Rehabilitation, Houston Texas, June 23, 2000
- Kessler Medical Rehabilitation Research and Education Corporation and Proctor and Gamble Excellence Award in Clinical Practice, Kessler Rehabilitation Hospital, East Orange, New Jersey, March 8, 2001
- 14th Annual Bernard L. Mass Foundation Lectureship in Physical Medicine and Rehabilitation, June 7,

2001, Wayne State University- Detroit Medical Center Department of Rehabilitation Medicine.

COMMITTEES

Rehabilitation Institute of Chicago

Resident Review Committee, 1986-present
Medical Education Committee, 1986-present
Insurance Advisory Committee, 1987
Executive Committee, July - December, 1987, 1994
Utilization Review Committee, 1988-1993
No Smoking Committee, 1987
Credentials Committee, 1986 - 1987
CPR Committee, 1989-1993
Disaster Planning Committee, 1988-1993
Risk Management Committee, 1990-present (Chairperson)
Medical Policy and Procedures, 1991-1995 (Chairperson)
Strategic Planning Committee, 1991
By-Laws Committee, 1991-1997
Budget and Finance Committee, 1991-1996
Physician Recruitment, 1994-present (Chairperson)
Vice-Chief of Staff 1994-1995
Chief of Staff, 1995-1997
Compensation Task Force- 1999-present
RIC Foundation Board- 1999-present

Illinois Society of Physical Medicine and Rehabilitation

Chairperson, Resident Liaison Committee, 1987
Treasurer / Executive Committee Member, 1990
Vice-President 1991-1992
President 1992-1995

Chicago Medical Society

Medical Affairs Committee, 1987 - 1988

American Academy of Physical Medicine and Rehabilitation

Resident Physician Section, 1987 - 1988
Program Chairman, Sports Medicine Special Interest Group, 1990
Secretary, Sports Medicine Special Interest Group, 1991-1992
Vice-President, Sports Medicine Special Interest Group 1992-1993
President, Sports Medicine Special Interest Group
Study Guide Committee on Sports Medicine, Fall 1991-1993
Founding Member, Physiatric Association of Spine, Sports, and Occupational Rehabilitation, 1992
Strategic Planning Committee, American Academy of Physical Medicine and Rehabilitation, 1995
Marketing Committee, American Academy of Physical Medicine and Rehabilitation, 1995
Self Assessment Examination Committee, 1994-1996
Oral Board Examiner, 1996, 1999
Written Board Examination-item writer, 1997, 1998, 1999
Secretary, American Academy of Physical Medicine and Rehabilitation 1998-present
Sports Medicine Task Force- 2002-present
PASSOR Integration Task Force- Co-chair – 2002-present

American College of Sports Medicine

Ad Hoc Committee on Clinical Exercise Physiologist, 1996-1997.
Planning Committee, 2000 Health Summit Meeting, San Diego, CA . 1999-2000
Team Physician Course Lecturer- 2000-present

Physiatric Association of Spine, Sports and Occupational Rehabilitation

Founding Member, 1993
Education Committee Chairman, 1993-1994
Secretary-Treasurer, 1994-1995
Vice President, 1995-1996
President, 1996-1997
Past President (Chairman Nominating Committee), 1997-1998

National Safety Council, Highway Traffic Safety Division

Occupational Restraint Usage Committee, 1987-1988

Northwestern Memorial Hospital

Paging System Committee, 1990-1997
Ambulatory Care Committee, 1991-1993

Northwestern University

Medical Student Advisor 1990-present

North American Spine Society

Industrial Relations Committee- 1999-present
Spine Across the Sea 2000 Planning Committee- 1999
Program Committee Chair Annual Meeting 2002- Montreal, Canada
Associate Editor, The Spine Journal- 2000-present
Accreditation, Certification and Credentialing Task Force- 2000-present
Membership Services Council Chair- 2000-present
World Spine II Educational Committee- 2001- present
Back to Health Month Chairman – 2001, 2002, 2003

SCHOLARLY PRODUCTIVITY

Journal Articles

- Green D, Lee M, Ito V, Cohn T, **Press J**, Filbrandt P, Vandenberg WC, Yarkony G, Meyer P: "Fixed vs. Adjusted Dose Heparin in the Prophylaxis of Thromboembolism in Spinal Cord Injury". J.A.M.A. 260; 1988, p. 1255-1258
- **Press JM**, Berkowitz M, Wiesner SL: "The Medical History and Low Back Pain" J Back Musculoskel Rehabil 1991; 1(1): 7-22
- Jantra P, Monga TN, **Press JM**, Gerrais BJ: "Management of Apraxic Gait in a Stroke Patient". Arch Phys Med and Rehabil
- **Press JM**, Rayner SR, Phillip M, Monga T, Katz R: "Intraoperative monitoring of an unusual brachial plexus tumor". Arch Phys Med and Rehabil, Vol.73, March 1992, p. 297-99
- Levy CE, Lee WA, Brandfonbrener AG, **Press JM**, Levy AE: "Electromyographic Analysis of Muscular Activity in the Upper Extremity Generated by Supporting A Violin With and Without A Shoulder Rest". Medical Problems of Performing Artists, December 1992, p. 103-109
- Bussell M, Graham T, **Press JM**, Primack S: "The Busman Orthosis: An Innovative Design in a Supramalleolar Ankle Foot Orthosis", Ballert Briefs, Vol. 10, No 2, Feb 1992, p. 1-3
- Geiringer SR, Bowyer BL, **Press JM**. The Physiatric Approach. Sports Medicine Study Guide. Arch of Phys Med Rehabil, Vol. 74, No. 5-S, p.S-428
- Akau CK, **Press JM**, Gooch JL. Spine and Head Injuries The Physiatric Approach. Sports Medicine Study Guide. Arch of Phys Med Rehabil, Vol. 74, No. 5-S, p. S-438
- **Press JM**, Akau CK, Bowyer BL. The Physiatrist as Team Physician. The Physiatric Approach. Sports Medicine Study Guide. Arch of Phys Med Rehabil, Vol. 74, No. 5-S, p.S-443
- **Press JM**: "Vague Upper-Extremity Symptoms? Consider Thoracic Outlet Syndrome". The Physician and Sportsmedicine. Vol. 22, No. 7, July 1994
- Young JL, **Press JM**. Athletic Performance- must it decline with age? J Back and Musculoskeletal Rehabilitation Vol. , 1995
- **Press JM**, Dietz P, Wiesner SW, Heineman A, Rymer WZ, Addison RA: The National Jockey Injury Study: An Analysis of Injuries to Jockeys, Clinical Journal of Sports Medicine, 5:236-240, 1995.
- Sliwa JA, Mason K, Yarkony GY, **Press JM**, Lovell L: "The Value of Routine Chest Roentgenograms Upon Admission for Rehabilitation Following Traumatic Spinal Cord Injury". Submitted for publication April 1993
- **Press, JM**, Young JL. Overload Injuries in the lower extremity in Running.", J Back Musculoskeletal Rehabilitation, 5(1995)295-303.
- **Press JM**, Young JL, Casazza BA. Knee Ligament Injuries: Making the Diagnosis, Restoring Use. Journal of Musculoskeletal Medicine, Vol13, Number 10, p. 14, 1996.
- Young JL, Herring SA, **Press JM**, Casazza BA. The Influence of the Spine of the Shoulder in the Throwing Athlete. J Back and Musculoskeletal Rehabilitation 7(1996), 5-17.

- Young JL, **Press JM**, Herring SA. The disc at risk in athletes: perspectives on operative and non-operative care. *Med Science in Sports and Exercise*, 91-97., 1997
- Casazza BA, Young JL, **Press JM**, Heinemann AW. Suprascapular Nerve Conduction: a Comparative Analysis in Normal Subjects. *Electromyogr Clin. Neurophysiol*, 1998, 38, 153-160.
- **Press JM**, Lawler MH, Smith JC. Physical Medicine and Rehabilitation. *JAMA*, Sept, 8, 1999, Vol. 282, No. 10, pp 925-926
- Sullivan, W. , Willick SE, Chira-Adisai W, Zuhosky J, Tyburski M, Dreyfuss P, Prather H. **Press JM**. Incidence of Intravascular Uptake in Lumbar Spinal Injection Procedures. *Spine* 25:4;481-486, 2000
- Willick SE, Lazarus M, **Press JM**. Quadratus Femoris Strain. *Clinical Journal of Sports medicine*, 12:130-131, 2002

Book Chapters

- Wu Y, **Press JM**: "Prosthetics and Rehabilitation in the Diabetic Amputee", In: The Diabetic Foot, ed. G. James Sammarco, M.D., Lea and Febiger 1991
- **Press JM**, Wiesner SL: "Prevention: Conditioning and Orthotics", In: Hand Clinics of North America; Hand Injuries in Sports and Performing Arts, 6(3); 383, August 1990 W.B. Saunders and Company
- **Press JM**, Wiesner SL, Maclean I: "Electrodiagnostic Evaluation of Lumbar Spine Problems". In: Clinics in Physical Medicine and Rehabilitation: Low Back Pain 2(1): 61, February 1991
- **Press, JM**. Young JL: "Low Back Pain". Sports Medicine Secrets. Morris Mellion, Editor. Submitted March 1993
- Young JL, **Press JM**. Rehabilitation of Running Injuries. In Sports Medicine and Rehabilitation: A Sports Specific Approach. (eds) Buschbacher RM, Braddom RL. Hanley and Belfus, Inc. Philadelphia 1994
- Branfonbrenner A, **Press JM**: "Dance Medicine".
- **Press JM**, Herring SA, Kibler WB: "Rehabilitation of the Combatant with Musculoskeletal Injuries". In: Zajtchuk R. (ed) *Textbook of Military Medicine*, Borden Institute, Walter Reed Medical Center, Washington, D.C.
- **Press JM**, Young JL: "Electrodiagnostic Evaluation of Spine Problems". In: Spine Care. White AH, Schofferman JA (eds) Mosby Publishers 1995
- Young JL, **Press JM**: "Physiologic Basis of Spine Rehabilitation". In: Spine Care. White AH, Schofferman JA (eds) Mosby Publishers 1995.
- **Press JM**, Pfiel M. "Sports Specific Stabilization: Basketball". In: Spine Care. White AH, Schofferman JA (eds) Mosby Publishers 1995.
- Young JL, **Press JM**: "Rehabilitation of Running Injuries". In: Buschbacher RM, Braddom RL (eds) Sports Medicine and Rehabilitation: A Sports Specific Approach. Hanley and Belfus, Philadelphia 1995
- **Press JM**, Olsen N, Young JL: "Bursal Injections". In: Lennard TA (ed) *Physiatric Procedures in Clinical Practice*. Hanley and Belfus, Inc. Philadelphia 1995

- Young JL, Olsen NK, **Press JM**. Musculoskeletal Disorders of the Lower Limbs. In Krusen's Handbook of Physical Medicine and Rehabilitation. 5th edition.
- Young JL, **Press JM**. Physiologic Basis of Exercise" Clinics in Phys Med Rehabil: Sports Medicine, (ed) Press JM. February 1994
- **Press JM**, Young JL. "Lower Extremity Injuries in Runners" J Back Musculoskeletal Rehab. Accepted for publication
- Young JL, Casazza BA, **Press JM**, Herring SA. Biomechanical Aspects of the Spine in Pitching Injuries in Baseball, ed. Andrews JR, Zarins B, Wilk KE, Lippincott-Raven Publishers, Philadelphia, 1998, p. 23.
- Young JL, Casazza BA, **Press JM**. The Physiatric Approach to Sports Medicine. In: Rehabilitation Medicine: Principles and Practice, third edition, (eds) DeLisa JA, Gans BN. Lippincott-Raven, , Philadelphia, 1998 pp. 1599-1627
- Prather H, **Press JM**, Young JL. Physical Medicine and Rehabilitation Approaches to Pain Management. In: Essentials of Pain Medicine and Regional Anaesthesia (eds) Benzon H, Raja S., Borsook D., Molloy R, StrichartzG. Churchill-Livingstone, New York, 1999. Pp. 115-119
- Kibler WB, Willick SE, Cole AJ, **Press JM**, Herring SA. Shoulder assessment and Management . In: Physical Medicine and Rehabilitation: The Complete Approach. (eds.) Grabois M, Garrison SJ, Hart KA, Lehmkuhl LD. Blackwell Science, Malden, Mass. 2000, pp. 1157-1173,
- **Press JM**, Young JL. Rehabilitation of Knee Disorders. . In: Physical Medicine and Rehabilitation: The Complete Approach. (eds.) Grabois M, Garrison SJ, Hart KA, Lehmkuhl LD. Blackwell Science, Malden, Mass.2000, pp. 1227-1245
- **Press JM**, Young JL. "Low Back Pain". Sports Medicine Secrets, 1st edition, 1994, Hanley and Belfus, Philadelphia, Penn. Pp.270-274
- **Press JM**., Young JL, Sports Medicine. PM&R Secrets1st edition, 1997, Hanley and Belfus, Philadelphia, Penn. pp.449-455
- **Press JM**, Young JL. "Low Back Pain". Sports Medicine Secrets, 2nd edition, 1999, Hanley and Belfus, Philadelphia, Penn. pp.285-289
- Young JL, **Press JM**. The Physiologic Basis of Sports Rehabilitation. In Functional Rehabilitation of Sports and Musculoskeletal Injuries. (eds) Kibler WB, Herring SL, **Press JM**. Aspen Publishers, Gaithersburg, Maryland 1998, pp/ 9-16
- **Press JM** , Livingston BP. The Effective Use of Rehabilitation Modalities In Functional Rehabilitation of Sports and Musculoskeletal Injuries. (eds) Kibler WB, Herring SL, **Press JM**. Aspen Publishers, Gaithersburg, Maryland 1998 pp. 79-85
- Kibler WB, **PressJM**. Rehabilitation of the Elbow. In Functional Rehabilitation of Sports and Musculoskeletal Injuries. (eds) Kibler WB, Herring SL, **Press JM**. Aspen Publishers, Gaithersburg, Maryland 1998 pp. 171-183
- Kibler WB, **Press JM**. Rehabilitation of the Wrist and Hand. In Functional Rehabilitation of Sports and Musculoskeletal Injuries. (eds) Kibler WB, Herring SL, **Press JM**. Aspen Publishers, Gaithersburg, Maryland 1998 pp. 183-188
- **Press JM**, Young JL. Rehabilitation of Patellofemoral Pain Syndrome. In Functional Rehabilitation of

Sports and Musculoskeletal Injuries. (eds) Kibler WB, Herring SL, Press JM. Aspen Publishers, Gaithersburg, Maryland 1998 pp 254-265

- **Press JM**, O'Connor A. Cost Containment in Sports Rehabilitation. Phys Med Rehabil Clinics of North America, Volume 11, Number 4, November 2000. pp.721-728
- Willick SE, Herring SA, **Press JM**. Basic Concepts in Biomechanics and Musculoskeletal Rehabilitation. In: Management of Pain. (ed) Loeser JD. Lippincott Williams and Wilkins, 3rd edition, 2001 pp. 1815-31.
- Akuthota V, Chou L, **Press JM**. Electrodiagnostic Testing in Runners. In: The Complete Book of Running Medicine, McGraw Hill, 2001
- Chou L, **Press JM**, Akuthota "Pronator Syndrome" In: The 5 minute Sports Medicine Consult. (ed) Mark Brader, Lippincott, William and Wilkins. 2001
- **Press JM**, Young JL. Sports Medicine. In: P M and R Secrets. 2nd edition. Hanley and Belfus, 2002 pp385-391 (eds) O'young BJ, Young MA, Stein SA.
- **Press JM**, Plastaras CT, Wiesner SL. Physical Modalities and Pain Management. In: Rehabilitation of Sports Injuries: Scientific Basis. Frontera, Walter (ed). Blackwell Publishing 2002 pp. 204-232

Textbooks Edited

- Kibler WB, Herring SA, **Press JM**. Functional Rehabilitation of Sports and Musculoskeletal Injuries. Aspen Publishers, Gaithersburg, Maryland 1998

Courses Chaired

- Rehabilitation Sports Medicine I - Focus on the Spine and Sports. Course Chairman. Graduate Medical Education, Rehabilitation Institute of Chicago, December 7-9, 1988
- Rehabilitation Sports Medicine II - Focus and the Upper Extremity and Sports. Course Chairman. Graduate Medical Education, Rehabilitation Institute of Chicago, December 14-16, 1989
- Rehabilitation Sports Medicine III - Focus on the Lower Extremity and Sports. Course Chairman. Graduate Medical Education, Rehabilitation Institute of Chicago, December 6-8, 1990
- Lower Extremity Rehabilitation, American Academy of Physical Medicine and Rehabilitation Annual Meeting 1991, Washington DC
- Rehabilitation Sports Medicine IV - The Head and Neck in Sports. Course Chairman. Graduate Medical Education, Rehabilitation Institute of Chicago, December 13-14, 1991
- Rehabilitation Sports Medicine V - The Young Athlete. Course Chairman. Graduate Medical Education, Rehabilitation Institute of Chicago, December 11-13, 1992
- Midwest Clinical Conference 1991, Illinois State Physical Medicine and Rehabilitation Society
- Midwest Clinical Conference 1992, Illinois State Physical Medicine and Rehabilitation Society

- How to Start a Sports Medicine Program, American Academy of Physical Medicine and Rehabilitation Annual Meeting 1992, San Francisco, CA
- Rehabilitation Sports Medicine VI - The Aging Athlete, Course Chairman, Graduate Medical Education, Rehabilitation Institute of Chicago, December 10-12, 1993
- Physiatric Association of Spine, Sports and Occupational Rehabilitation, Annual Educational Program, Co-Chairman, Anaheim, California, October 1994
- Rehabilitation Sports Medicine VII - Overload Injuries in the Athletes. Course Chairman. Graduate Medical Education, Rehabilitation Institute of Chicago, December 9-11, 1994
- Rehabilitation Sports Medicine VIII – Update on Sports Injuries, Course Chairman. Graduate Medical Education, Rehabilitation Institute of Chicago, December, 1995.
- Rehabilitation Sports Medicine IX – Controversies in Sports Medicine. Course Chairman, Graduate Medical Education, Rehabilitation Institute of Chicago, December 1996.
- Rehabilitation Sports Medicine X – Sports Specific Injuries. Course Chairman, Graduate Medical Education, Rehabilitation Institute of Chicago, December 1997.
- Rehabilitation Sports Medicine XI– Case Studies in Sports Medicine. Course Chairman, Graduate Medical Education, Rehabilitation Institute of Chicago, December 1998.
- Rehabilitation Sports Medicine XII– Functional Rehabilitation in Sports. Course Chairman, Graduate Medical Education, Rehabilitation Institute of Chicago, December 9-10, 1999.
- Rehabilitation Sports Medicine XIII- The Manual Medicine Approach to Spine and Sports Injuries. Course Chairman, Graduate Medical Education, Rehabilitation Institute of Chicago, December 10-12, 2000.
- Rehabilitation Sports Medicine XIII- Functional Rehabilitation of Spine and Sports Injuries. Course Co-Chairman, Graduate Medical Education, Rehabilitation Institute of Chicago, December 9-11, 2001.
- 16th Annual Meeting of the North American Spine Society, Program Co-Chairman, October 2002. Montreal, Canada

Selected Invited Lectures

- "Rehabilitation of the Injured Athlete," Presented to the Chicago Medical Society Midwest Clinical Conference, March 9, 1990
- "Prevention and Rehabilitation in Performing Artists" Northwestern University School of Music, Evanston, IL, July 12, 1990
- "Update on Low Back Pain", University of Illinois, Department of Physical Medicine & Rehabilitation, Grand Rounds, October 2, 1991
- "Rehabilitation of Athletic Injuries" Cook County Graduate School of Medicine, Chicago, Illinois, November 8, 1991
- "Rehabilitation Institute of Chicago's Sports Medicine Clinical Team Midwest Chapter of the American Academy of Orthotists and Prosthetists Fall Scientific Seminar", Northbrook, IL,

November 9, 1991

- "Conditioning and Orthotics in Upper Extremity Cumulative Trauma Disorders" American Academy of Physical Medicine and Rehabilitation Annual Meeting, Phoenix, AZ, November 1991
- "Rehabilitation of Anterior Cruciate Ligament Injuries" American Academy of Physical Medicine and Rehabilitation Annual Meeting, Phoenix, AZ, November 1991
- "Rehabilitation of Sports Injuries" Chicago Medical Society, Midwest Clinical Conference Chicago, IL, March 2, 1992
- "Update in Low Back Pain" Walter Reed Medical Center, Department of Rehabilitation Medicine, Washington, DC, March 23, 1992
- "Rehabilitation of Sports and Occupational Injuries" Midwest Pain Society Spring Conference, Chicago, IL April 24, 1992
- "Lower Extremity Musculoskeletal Injuries in Sports" Southern Medical Society Sports Medicine Conference, Charleston, SC, June 5-6, 1992
- "Evaluation and Treatment of Musculoskeletal Problems" Cook County Jail Medical Staff, Cook County Jail, Chicago, IL, February 25, 1992
- "Physiatric Approach to Low Back Pain" American Academy of Physical Medicine and Rehabilitation Annual Meeting, Washington, DC, November 1992
- "On Field Assessment of the Injured Athlete" American Academy of Physical Medicine and Rehabilitation Annual Meeting, Washington, DC, November 1992
- "How to Start a Sports Medicine Program" American Academy of Physical Medicine and Rehabilitation Annual Meeting, Washington, DC, November 1992
- "Electrodiagnostic Evaluation of Lumbar Spine Problems" American Academy of Physical Medicine and Rehabilitation Annual Meeting, Washington, DC, November 1992
- "On Field Assessment of Sports Injuries" Rehabilitation Sports Medicine V - The Young Athlete, Rehabilitation Institute of Chicago, Chicago, IL, December 11, 1992
- "Physiatric Approach to Low Back Pain" Ontario Sports Medicine Conference, Toronto, Ontario, January 22, 1993
- "Lower Extremity Musculoskeletal Injuries in Sports" Chicago Medical Society, Midwest Clinical Conference, March 15, 1993
- "Lumbosacral Disorders and Radiculopathy" Review Course in Physical Medicine and Rehabilitation, Department of Rehabilitation Medicine, University of Washington, Seattle, WA March 22, 1993
- "Anatomy and Biomechanics of the Cervical Spine and Upper Extremity" Review Course in Physical Medicine and Rehabilitation, Department of Rehabilitation Medicine, University of Washington, Seattle, WA, March 23, 1993
- "Evaluation and Treatment of Cervical Disorders" Review Course in Physical Medicine and Rehabilitation, Department of Rehabilitation Medicine, University of Washington, Seattle, WA, March 23, 1993

- "Conservative Care of the Injured Spine" Northlands Chapter American College of Sports Medicine Spring Tutorial, St. Cloud, MN, March 26, 1993
- "The Role of Exercise in the Prevention and Treatment of Chronic Pain" Northlands Chapter American College of Sports Medicine Spring Tutorial, St. Cloud, MN, March 26, 1993
- "Physiatric Approach to Low Back Pain", Neurological Surgery Grand Rounds, Northwestern University Medical School, Chicago, IL, March 29, 1993
- "Rehabilitation of Sports and Occupational Injuries" Grand Rounds, Medical Staff, St. Elizabeth's Hospital, Chicago, IL, April 13, 1993
- "Low Back Pain: Etiology and Treatment" Grand Rounds, Department of Physical Medicine and Rehabilitation, Schwab Rehabilitation Hospital and Care Network, Mt. Sinai Medical Center, Chicago, IL April 23, 1993
- "Micro vs. Macro Trauma in the Rotator Cuff" Sports Medicine Course on Rotator Cuff Disorders, Englewood, NJ, May 7, 1993
- "Conservative Care of Rotator Cuff Disease" Sports Medicine Course on Rotator Cuff Disorders, Englewood, NJ, May 7, 1993
- "Lower Extremity Musculoskeletal Injuries in Sports" Charleston, SC, May 15, 1993
- "Electrodiagnostic Evaluation of Lumbar Spine Problems" Charleston, SC, May 15, 1993
- "Thoracic Outlet Syndrome in the Physically Active", 44th Annual Meeting of National Athletic Trainers Association, Kansas City, MO, June 11, 1993
- "Physiatric Approach to Low Back Pain", Special Conference for Orthopaedics and Physiatrists, Mosinee, WI, June 15, 1993
- "Anatomy and Biomechanics of the Lumbar Spine" American Congress of Rehabilitation Medicine, Denver, CO, June 25, 1993
- "Case Management: Evaluation & Physiatric Approach to Low Back Pain", 45th Annual Meeting of Illinois Academy of Family Physicians, July 23-25, 1993
- "Lower Extremity Musculoskeletal Injuries in Sports", AAPM&R Resident Physician Council, First Annual Midwest Regional Conference, Chicago, IL, August 21, 1993
- "Assessment of Athletic Injuries", Sports Medicine Course: Assessment and Treatment in Sports and Performing Arts, Baylor College of Medicine, Department of Physical Medicine and Rehabilitation, Houston, TX, September 17-18, 1993
- "Micro vs. Macro Trauma in the Rotator Cuff", University of Illinois Grand Rounds, Chicago, IL, October 5, 1993
- "Prescription of Exercise in Low Back Pain", Neck and Back Pain III, Long Island Jewish Medical Center, Division of Rehabilitation Medicine, New Hyde Park, NY, October 9, 1993
- "Lower Extremity Musculoskeletal Injuries in Sports", Grand Rounds, Agnew-Grice Auditorium, University of Pennsylvania Medical Center, Philadelphia, PA

- "Setting up a Sports Medicine Program in an Academic Center", 6 Ravdin Conference Room, University of Pennsylvania Medical Center, Philadelphia, PA
- "Cervical Spine Clinical Anatomy and Biomechanics", The Cervical Spine and Shoulder in Industry and Sports, The Southern Pain Society, Dallas, TX, March 11-13, 1994
- Cervical Spine: Anatomy, Biomechanics and Pathophysiology", Physical Medicine and Rehabilitation Review Course, Executive Plaza Hotel, Chicago, IL, March 20, 1994
- "Low Back Pain", Physical Medicine and Rehabilitation Review Course, Executive Plaza Hotel, Chicago, IL, March 20, 1994
- "Rehabilitation of Rotator Cuff Injuries", Physical Medicine and Rehabilitation Review Course, Executive Plaza Hotel, Chicago, IL, March 20, 1994
- "Sports Medicine", Grand Rounds, St. Elizabeth's Hospital, Chicago, IL, April 26, 1994
- Overload Syndrome in the Worker: Pathophysiological Mechanisms and Implications for Treatment", 1994 Spring Meeting in Physical Medicine and Rehabilitation, San Juan, Puerto Rico, May 1, 1994
- "Low Back Pain in the Worker", 1994 Spring Meeting in Physical Medicine and Rehabilitation, San Juan, Puerto Rico, May 1, 1994
- "Rehabilitation of Athletic Injuries", Athletic Orthotic Management, Northwestern University Prosthetic-Orthotic Center, Chicago, IL, May 7, 1994
- "Musculoskeletal Conditions Affecting Mobility and Treatment Strategies", Geriatric Rehabilitation: Effects of Immobility and the Move Toward Activity, Rehabilitation Institute of Chicago, Chicago, IL, May 12, 1994
- "Low Back Pain: Epidemiology, Etiology, Evaluation and Treatment", Programs in Physical Therapy, Northwestern University Medical School, Clinical Orthopedics 1994, May 13, 1994
- "Nerve Injuries in the Upper Extremity in Sports", American College of Sports Medicine, Indianapolis, IN, June 1, 1994
- Rehabilitation using Kinetic Chain Principles", American College of Sports Medicine, Indianapolis, IN, June 2, 1994
- Rehabilitation of Repetitive Trauma Injuries at the Elbow", National Institute of Health, Symposium on Repetitive Stress Injuries, Bethesda, MD, June 20-22, 1994
- Conservative Treatment and Rehabilitation of Low Back Pain", Conservation Management of Back and Neck Pain, Ball Memorial Hospital, Department of Rehabilitation Services, Muncie, IN, September 2, 1994
- "Overload Injuries in the Lower Extremity" Sports Medicine Special Interest Group. American Academy of Physical Medicine and Rehabilitation Annual Meeting, Anaheim, California, October 1994
- When Not to Operate on a Herniated Disk" Physiatric Association of Spine, Sports and Occupational Rehabilitation Annual Educational Program, Anaheim, California, October 1994
- "Aging and Soft Tissue Injuries Among Mature Adults" Grand Rounds, Marionjoy Rehabilitation

Hospital and Clinics, Wheaton, Illinois March 16, 1995

- "Physiatric Approach to Low Back Pain" Visiting Lecturer, Residency Training Programs at Marionjoy Rehabilitation Hospital, Hines Veterans Hospital and Rush Medical College, Hines VA Hospital, March 16, 1995
- "Low Back Pain: Assessment and Rehabilitation" Review Course in Physical Medicine and Rehabilitation, University of Illinois College of Medicine, Department of Rehabilitation Medicine, Executive Plaza Hotel, Chicago, Illinois, March 19, 1995
- "Cervical Anatomy, Biomechanics, Assessment and Treatment" Review Course in Physical Medicine and Rehabilitation, University of Illinois College of Medicine, Department of Rehabilitation Medicine, Executive Plaza Hotel, Chicago, Illinois, March 19, 1995
- "Rotator Cuff Disease and Rehabilitation" Review Course in Physical Medicine and Rehabilitation, University of Illinois College of Medicine, Department of Rehabilitation Medicine, Executive Plaza Hotel, Chicago, Illinois, March 19, 1995
- "Why Not Operate on a Herniated Disk" Colorado Spine Conference, Denver, Colorado, April 17-18, 1995
- "Sports Injuries and their Rehabilitation" Visiting Professor, Spaulding Rehabilitation Hospital, Boston, Massachusetts, April 24, 1995
- "Functional Anatomy and Biomechanics of the Lumbar Spine" Academy of Occupational and Environmental Medicine Annual Meeting, Las Vegas, Nevada. May 1, 1995
- "Physiatric Approach to Low Back Rehabilitation: Early Aggressive Treatment" Academy of Occupational and Environmental Medicine Annual Meeting, Las Vegas, Nevada. May 1, 1995.
- "Rehabilitation of Athletic Injuries" Orthotics and Prosthetics Training Program, Rehabilitation Institute of Chicago, Chicago, Illinois. May 5, 1995
- "The Kinetic Chain of Human Activity including The Relationship Between Physical Therapy and Personal Training in the Wellness Center Context", Galter LifeCenter, Chicago, Illinois. July 27, 1995
- "Physiatric Treatment of Low Back Disorders" Department of Family Practice and Internal Medicine, West Suburban Hospital Medical Center, Oak Park, IL. September 13, 1995
- "Kinetic Chain Rehabilitation" Midwest Regional Conference, American Academy of Physical Medicine & Rehabilitation, Resident Physician Section, Chicago, IL. August 5, 1995
- "The Disc at Risk" American College of Sports Medicine, Minneapolis, MN. May 24, 1995
- "Sports Injuries and Their Rehabilitation" Department of Physical Medicine and Rehabilitation, University of Minnesota School of Medicine, Minneapolis, MN. May 26, 1995
- "Rehabilitation of Musculoskeletal and Sports Injuries, Uludag University Medical Center, Department of Sports Rehabilitation, Bursa, Turkey, October 10, 1995
- "Low Back Pain in Basketball" Uludag University Sports Rehabilitation Department, Turkish Olympic Committee course on Injuries in Basketball, Istanbul, Turkey. October 13, 1995
- "Lower Extremity Injuries in Basketball" Uludag University Sports Rehabilitation Department,

Turkish Olympic Committee course on Injuries in Basketball, Istanbul, Turkey. October 13, 1995

- "Rehabilitation of Sports Injuries" Uludag University Sports Rehabilitation Department, Turkish Olympic Committee course on Injuries in Basketball, Istanbul, Turkey. October 13, 1995
- "Return to Work Determination", Acute Maximum Medical Improvement, Forensic Issues in Pain Management, Rehabilitation Institute of Chicago, Radisson Hotel, Chicago, Illinois. October 26-27, 1995
- "The Future of Physiatric Low Back Care." Richard and Hinda Rosenthal Lecture, AAPM&R, Orlando, FL>
- "Anatomy of Pathophysiology of the Lumbar Spine", Midwest Pain Society, Chicago, Illinois. April 27, 1996
- "Functional Anatomy and Biomechanics of the Lumbar Spine" Academy of Occupational Health Conference, San Antonio, Texas. April 30, 1996
- Pathophysiology of Soft Tissue Cervical Pain Syndromes, American Occupational Health Conference, San Antonio, Texas. April 30, 1996
- "Cervical Spine Assessment and Rehabilitation", American Occupational Health Conference, San Antonio, Texas. April 30, 1996
- "Repetitive Overload Injuries of the Elbow", American Osteopathic College of Rehabilitation Medicine Mid-Year Seminar, Des Plaines, Illinois, May 23, 1996
- "The Paperless Office", Neocon '96 World's Trade Fair, Chicago, Illinois, June 11, 1996
- "Major Joint Examination, Diagnosis & Treatment Plan Formation", Visiting Professor Seminar, Medical College of Wisconsin, June 12, 1996
- "Approach to the Patient with Neck Pain", The Patient in Jeopardy: Streamlining the Approach to Impairment of the Spine and Extremities, University of Manitoba, September 19-21, 1996.
- "Approach to the Patient with Low Back Pain", The Patient in Jeopardy: Streamlining the Approach to Impairment of the Spine and Extremities, University of Manitoba, September 19-21, 1996.
- "Rehabilitation of Shoulder Dysfunction", The Patient in Jeopardy: Streamlining the Approach to Impairment of the spine and Extremities, University of Manitoba, September 19-21, 1996.
- "Office Athletes in the Workplace." Ergonomic Industry Convention, September 26, 1996, New Orleans, LA.
- "The Role of Exercise for Low Back Pain." PASSOR Meeting, October 22, 1996, Vancouver, BC.
- "Getting Backs to Work", Illinois Workers' Comp Update 1996, Inland Meeting Center, Westmont, IL, October 29-30, 1996.
- "The Paperless Office-Why Didn't it Happen, What is Happening, and What Will Happen", Interplan--The New Designer's Saturday, November 8, 1996.
- "EMG - Is it Helpful in Spine Problems?", Rehabilitation Sports Medicine IX: Controversies in Sports Medicine II, Regal Knickerbocker Hotel, Chicago, IL, December 12-14, 1996.

- "Getting Backs to Work", Illinois Workers' Comp Update 1997, Inland Meeting Center, Westmont, IL, March 26-27, 1997.
- "Sports Medicine and Physiatry", Medical Practices and Careers in the 21st Century, Careers in Sports-Medicine, Biological Science Learning Center, Chicago, IL, April 16, 1996.
- "Operative vs. Non-operative Treatment of Low Back Pain." Association of Academic Physiatrist, February 28, 1997, Colorado Springs, CO
- The Seventeenth Richard F. Baer, M.D. Visiting Lectureship, Ohio State University Department of Physical Medicine & Rehabilitation, Columbus, OH, April 18, 1997.
- "Rehabilitation of Rotator Cuff Injuries", University of Missouri-Columbia, Department of Physical Medicine and Rehabilitation, April 18, 1997, Columbia, MO.
- "Rehabilitation of the Athlete." Wyeth Lecture Series, September 16, 1997, Chicago, IL.
- "Managing Low Back Pain." Allstate Insurance Adjustors Seminar, March 9, 1998, Indianapolis, IN.
- "Sports Physical Exam/Team Physician", Family Practice Residency Program, West Suburban Hospital, OakPark,IL,Sept.15,1998
- "What works for the treatment of acute Low Back Pain" Medical College of Wisconsin Sports Medicine Conference, March 22, 1999
- "Anatomy and Biomechanics of the Lumbar Spine" Medical College of Wisconsin Sports Medicine Conference, March 22, 1999
- "Neurovascular Injuries at the Elbow." American College of Sports Medicine Annual Meeting, Seattle, Washington. June 3, 1999
- "Re-Defining Clinical Outcomes- Lumbar Spine" American College of Sports Medicine Annual Meeting, Seattle, Washington. June 2, 1999
- "The Low Back Examination" American College of Sports Medicine Annual Meeting, Seattle, Washington. June 3, 1999
- "Functional Rehabilitation of Sports Related Injuries" University of Eastern Virginia, Department of Physical Medicine and Rehabilitation, Norfolk, VA. June 21, 1999
- "The Physiatric Approach to Low Back Disorders" University of Eastern Virginia, Department of Physical Medicine and Rehabilitation, Norfolk, VA. June 21, 1999
- "Functional Rehabilitation Training of the Spine in Sports" North American Spine Society, Annual Meeting, Chicago, Illinois. October 22, 1999
- "Functional Rehabilitation of Sport Injuries" Grand Rounds, Northwestern University Dept. of Physical Medicine and Rehabilitation, Chicago, Illinois. November 5, 1999
- "Functional Anatomy of the Shoulder" American College of Sports Medicine Team Physician Course, Tampa, Florida, Feb. 2-6, 2000
- "Cervical Soft Tissue Injuries, Facet, Transient Quadriplegia" American College of Sports

Medicine Team Physician Course, Tampa, Florida, Feb. 2-6, 2000

- Thoracic Outlet Syndrome and Complex Regional Pain Syndromes. " American College of Sports Medicine Team Physician Course, Tampa, Florida, Feb. 2-6, 2000
- "Rehabilitation of Lumbar Spine Disorders: A Functional Approach". National Athletic Trainers Association Midwest Meeting, Omaha, Nebraska, March 18, 2000
- "What is Functional Rehabilitation?" American College of Sports Medicine Health Summit, San Diego CA, April 6-8, 2000
- "Functional Approach to Spine Rehabilitation in the Athlete" American Medical Society for Sports Medicine Annual Meeting, San Diego, CA, April 8-10, 2000
- Efficacy of Therapeutic Modalities for Sports Injuries" American Medical Society for Sports Medicine Annual Meeting, San Diego, CA, April 8-10, 2000
- "What is the future of musculoskeletal medicine in PM&R?" AAPM&R Resident Physician Council Interim Meeting, Chicago, IL April 15, 2000
- "Scientific Basis of Trunk/Back Rehabilitation" American College of Sports Medicine Annual Meeting, May 31, 2000, Indianapolis, Indiana
- "Spine Injuries in the Older Patient" American College of Sports Medicine Annual Meeting, June 1, 2000, Indianapolis, Indiana
- "Functional Rehabilitation in PM&R" 23rd Annual Lewis A. Leavitt, M.D. Memorial Lectureship, , Baylor College of Medicine, Department of Physical Medicine and Rehabilitation, and the University of Texas-Houston Medical School Department of Physical Medicine and Rehabilitation, Houston Texas, June 23, 2000
- "The Future of Musculoskeletal Rehabilitation" , Baylor College of Medicine, Department of Physical Medicine and Rehabilitation, and the University of Texas-Houston medical School Department of Physical Medicine and Rehabilitation, Houston Texas, June 23, 2000
- "What is Functional Rehabilitation?" Justus Lehman Day Lecturer, University of Washington, Department of Physical Medicine and Rehabilitation, Seattle, Washington, June 16, 2000
- "How to Start a Sports Rehabilitation Program in an Academic Setting" University of Washington, Department of Physical Medicine and Rehabilitation, Seattle, Washington, June 16, 2000
- "Functional Rehabilitation of the Patellofemoral Joint" American Academy of Physical Medicine and Rehabilitation Annual Assembly, November, 2000. San Francisco, California
- "Anatomy and Biomechanics of the Thoracic and Lumbar Spine" American College of Sports Medicine Team Physician Course, San Diego, California, Feb 7-10, 2001
- "Common Thoracolumbar Spine Injuries in Athletes" American College of Sports Medicine Team Physician Course, San Diego, California, Feb 7-10, 2001
- "Functional Examination of the Lumbar Spine and Pelvis" American College of Sports Medicine Team Physician Course, San Diego, California, Feb 7-10, 2001
- "Anatomy of the Hip and Groin" American College of Sports Medicine Team Physician Course, San Diego, California, Feb 7-10, 2001

- “Functional Rehabilitation in Sports” University of Pennsylvania Department of Physical Medicine and Rehabilitation Grand Rounds, Philadelphia, PA, March 7, 2001
- “What is Functional Rehabilitation?” Kessler Medical Rehabilitation Research and Education Corporation and Proctor and Gamble Excellence Award in Clinical Practice, Kessler Rehabilitation Hospital, East Orange, New Jersey, March 8, 2001
- “Spine Injuries in the Overhead Athlete” 15th Annual Conference on Sports Science of Overhead Sports, San Juan , Puerto Rico, March 24, 2001
- “Rehabilitation of the Spine in Tennis Players. 15th Annual Conference on Sports science of Overhead Sports, San Juan , Puerto Rico, March 24, 2001
- “What is Functional Rehabilitation?” Department of Physical Medicine and Rehabilitation, University of North Carolina, and the Charlotte Rehabilitation Institute on April 13, 2001, Charlotte, North Carolina
- “How to Start a Physiatric Practice in an Academic Institution” Department of Physical Medicine and Rehabilitation, University of North Carolina, and the Charlotte Rehabilitation Institute on April 13, 2001, Charlotte, North Carolina
- “What is Functional Rehabilitation?” 14th Annual Bernard L. Maas Foundation Lectureship in Physical Medicine and Rehabilitation on June 7, 2001 for the Wayne State University- Detroit Medical Center Department of Rehabilitation Medicine in Detroit, Michigan
- “How to Build a Physiatric Practice” Graduation Speech for the Wayne State University- Detroit Medical Center Department of Rehabilitation Medicine in Detroit, Michigan at the Henry Ford Museum on June 7, 2001
- "Examination of the Spine" at the American College of Sports Medicine Annual Meeting in Baltimore, Maryland, on June 2, 2001
- “Functional Conditioning for Basketball and Football” Rehabilitation Sports Medicine XV, Rehabilitation Institute of Chicago, Dec. 9, 2001, Chicago, Illinois
- “The Physiatrist and Low Back Pain” Grand Rounds, Department of Orthopedic Surgery, Northwestern University Medical School, January 4, 2002, Chicago, Illinois
- “The Role of Exercise and Low Back Pain” 20th Annual Injuries in Baseball Meeting, Birmingham, Alabama, January 24, 2002
- “Functional Anatomy and Biomechanics of the Lumbar Spine” ” 20th Annual Injuries in Baseball Meeting, Birmingham, Alabama, January 24, 2002
- “Non-operative and Non-medication option for Low Back Pain” AMA Media Briefing on Pain Management, Millenium Hotel, New York City, Ney York, February 21, 2002
- “Cervical Spine: Disk, Facet, and Transient Quadriplegia” American College of Sports Medicine Team Physician Course, New Orleans, Louisiana, February 22, 2002
- “Neurologic Injuries in the Upper Extremity” American College of Sports Medicine Team Physician Course, New Orleans, Louisiana, February 22, 2002
- “Head and Neck Cases” American College of Sports Medicine Team Physician Course, New Orleans, Louisiana, February 22, 2002

- “What is Core Rehabilitation?” American College of Sports Medicine Team Physician Course, New Orleans, Louisiana, February 23, 2002
- “How We Train Fellows in Musculoskeletal Medicine” Association of Academic Physiatry, Las Vegas, Nevada March 1, 2002
- “Core Rehabilitation Workshop” American College of Sports Medicine Annual Meeting, St. Louis, Missouri, May 30, 2002
- “Physical Examination of the Spine Workshop” American College of Sports Medicine Annual Meeting, St. Louis, Missouri, May 31, 2002
- “The Disk at Risk” American College of Sports Medicine Annual Meeting, St. Louis, Missouri, May 30, 2002
- “What is Muscular Stability?” North American Spine Society 17th Annual Meeting, Montreal, Canada, October 27, 2002
- “Non-Interventional Pain Management: Rehabilitation” AAOS Learning Center, NASS Minimally Invasive Course, Chicago, Illinois January 31, 2003
- Anatomy and Biomechanics of the Lumbar Spine. American College of Sports Medicine Team Physician Course, Orlando, Florida , February 22-24, 2003
- Knee Bracing and Orthotics . American College of Sports Medicine Team Physician Course, Orlando, Florida , February 22-24, 2003
- Rehabilitation of Knee and Leg Injuries. . American College of Sports Medicine Team Physician Course, Orlando, Florida , February 22-24, 2003
- Functional Anatomy of the Hip Girdle and Pelvis . American College of Sports Medicine Team Physician Course, Orlando, Florida , February 22-24, 2003
- Common Thoracic and Lumbar Problems in the Mature Athlete: Diagnosis and Treatment . American College of Sports Medicine Team Physician Course, Orlando, Florida , February 22-24, 2003
- “Musculoskeletal Rehabilitation: An Overview” Chiropractic Rehabilitation Training Program, Southern California University of Health Sciences Course. Chicago, Illinois March 6, 2003
- “Rehabilitation of Low Back Disorders” Chiropractic Rehabilitation Training Program, Southern California University of Health Sciences Course. Chicago, Illinois March 7, 2003